

Indian Oumner House

Local Experiences

In order to enhance your stay with us we have crafted these wonderful experiences that can be enjoyed in the comfort of The Indian Summer House

Muvattapuzha, Kerala, India

www.indiansummerhouse.co



Some of the Local Experiences we can arrange for you

*Additional charges apply

- Yoga, Meditation & Exercise
- Cooking Experience with Chef
- Canoe River Crossing and Afternoon Tea with Mohanan!
- Town Car Tour & Morning/Afternoon Tea Out
- Poolside BBQ
- Family Temple Visit with Pushpanjali
 - Evening: Puzhakkarakkavu Devi Temple
 - Morning: Sree Rackad Karanattu Kavu (Temple)
- Bollywood Dance Class
- Breakfast with the Autorickshaw drivers
- Toddy Tapping & Tasting
- Canoe trip up the Kaliyar River 1 Hour
- Theerthapada Tharavadu Tour
- Henna Application
- Iringole Forest Temple and Tharavadu Museum
- Thattekad Bird Sanctuary
- Shopping Suggestions & Guidance

Marie Tripadvisor March 2019

An absolutely amazing experience!

Yoga each morning if you so desired, massages available every day, a Bollywood dance class for a bit of fun, henna painting, you name it we could do it.

We visited a nearby tea room, walked into the town and around the nearby area, meeting some of the beautiful local residents



Yoga, Meditation & Exercise

Rs1250 per person

We encourage you to book in for daily yoga classes, usually held on the Veranda. Our Yogi will make you feel comfortable and will cater for all levels.

*Or Visit our Gym, at no charge, and make use of the Lifefitness Equipment, rollers etc

Cooking Experience with Chef

Subject to Chef availability

Rs1500 per person

In the evening join Chef for a hands on experience to prepare dishes and take home the recipes to try yourself.

Market Tour Add On

Rs500 per person

Participate in a tour of the local markets including 4th generation Ayurveda store, traditional coconut press, fruit and vegetable market, utensils store and Khadi cotton shop..







Canoe River Crossing and Afternoon Tea with Mohanan!

Rs1250 or Complimentary if staying 2 or more nights

We will call up the boatman and ask him to canoe us across the Muvattapuzha River, take a short walk through the rubber and tapioca fields to our favourite Tea House. Mohanan, wife and family have been running this teahouse for many years and we will enjoy its vintage beauty. Mohanan freshly prepares great tea, great Pazham Puri (banana fritters), Tapioca Chips, Parrippu Vada (my favourite). We can sit under the ripening bananas with locals and travelling salesmen who can share tales of this magical place.

Town Car Tour & Morning/Afternoon Tea

Rs1250 per person

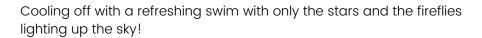
Step back in time for a tour around town in our 1958 Black Ambassador and enjoy morning or afternoon tea out at one of our local traditional cafe or tea stands



Poolside BBQ for your Group

Rs2000 per person

Enjoy Kerala's famous seafood alongside "The Best Swimming Pool in Kerala" on your last evening with us when our chef fires up the BBQ - Aussie Style.



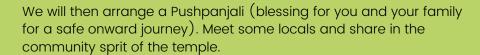


Family Temple visit with a Pushpanjali - morning or afternoon

Rs1250 per person

Evening at 5pm: Puzhakkarakkavu Devi Temple

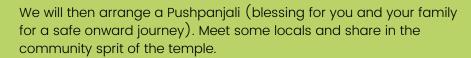
Towards sunset we will take an Autorickshaw firstly to visit the local 4th generation Ayurveda and Temple Store. Then we will walk along the river for about 15 minutes and arrive at the temple that sits on the banks of where the 3 rivers meet.





Morning at 6am: Sree Rackad Karanattu Kavu (Temple)

At 6am we will call up the boatman to ferry us across the Muvattapuzha river to this hidden gem. Immersed in nature's beauty and tranquility, far from the city's chaos, this sacred Devi Temple offers a profound connection with nature and a peaceful environment to rejuvenate the soul.







Bollywood Dance Classes

Rs1500 per person (minimum 2 people)

Enjoy one or two Bollywood Dance Classes in the privacy of the property. Impress your friends when you get home with your new moves. We suggest 2 shorter classes during your stay.

Breakfast with the Auto Drivers

Rs750 per person

Join us for an early breakfast with the Auto Rickshaw Drivers (we need to be there before 8am). This tiny cafe serves up a stunning Kerala Breakfast to keep the drivers satisfied until lunch. Join a shared table, order Cappi or Chai and then choose your bread: Parotha, Appam, Idly, a few side dishes: Mung Beans, Egg Roast, Beef Fry and a range of other delicacies.





Toddy Tapping & Tasting

Rs1250 per person

At 7am or 4pm come with us to meet Renju our local toddy tapper just 10 minutes drive from here. Firstly checkout his large knife that he neatly carries on his back before he scales the palm trees to collect the toddy that has accumulated in large earthernware pots high up in the crown of the palm. Drink it fresh now or let it ferment to increase the alcohol content (usually 3-6%). Then home for breakfast or dinner.

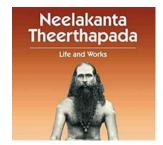
Mornings are best! Its cool and no mosquitos.

Canoe trip up the Kaliyar River - 1 Hour

Rs1500 per person (minimum 2 People)

Our town boatman will meet you where the three rivers join and you can take a pole canoe tour up the serene Keliyar River. Let the gentle waters soothe your soul, immerse yourself in nature's beauty, and keep an eye out for the majestic Kingfisher. An hour of pure relaxation awaits—come paddle into peace!"





Swami Theerthapada's Traditional Home Tour

Rs500 per person

A Tharavadu is simply a heritage home and this one has been in Mini's extended family since the 1800s. Neelakanta Theerthapada is a Swami (Indian Philosopher) who was born around 1870 and he lived and worked here. Famous for healing snake bites. We are fortunate to have access to this property and his artefacts and scriptures for our guests to view by arrangement.

Henna Temporary Tattoo

Rs2500 per person (average price)

Have your henna applied in the afternoon by the pool to be admired by all throughout your India journey.

Typically applied at wedding celebrations –they may mistake you for a new bride! And now it's becoming popular for boys as well!





- *Bicycles are available to use
- *Town centre is just a 15 minute walk
- *Shopping guide on last page of this booklet
- *Lost? Ask auto driver to call Suresh +91 9447509425



These are Half Day Tours (Approx 3-4 Hours and require a vehicle)

Thattekad Bird Sanctuary

Rs2000 per person (Minimum 2 People)
Plus Innova Car Rs7500 - (if required)
Price includes Guide

Kerala is home to over 150 migratory birds from the latter part of October through to March/April. Thattekad Bird and Wildlife Sanctuary is very close to us and they have excellent guided tours. This is an early morning tour (5am start)just 45mins from Indian Summer House. You will have a guide and we will provide tea and snacks.



NB: This is subject to Guide Availability

Iringole Temple

Rs1500 per person (Plus Innova Car Rs6500 - if required)

Iringole Temple is located in the middle of a small forest. It is a lovely short trip and walk. We can combine this with a visit to a historical home, which is just nearby, and a ginger-lime soda at the entrance. This tour can be in the morning or afternoon and is only a short trip.

NB: This is subject to Team Member Availability



Ask our Villa Host for more information and to book in!



Shopping Suggestions

Muvattapuzha (15 minutes walk or Auto Rickshaw Rs500)

Tony & Guy for a Haircut or Colour Cafe Brown for a Coffee & Cake

<u>Thottam Indian Bakery</u> - Indian Bakery Items

Rajarajeswary Vegetarian Restaurant for Masala Dosa or Chai

Allen Solly for Men's Western Clothing

Thompson Footwears - ask to see ladies shop just behind

<u>Sri Kanivilas Aluminium Store</u> for all things stainless steel and brass

Grand Centre Mall for variety of goods and best supermarket in basement

EVM Latha Theatre for Western Movies - check on bookmyshow.com

Khadar Bhavan - best Khadi Cotton Shop (lungi, shirt material, thorthe, super thin cotton, heavy thick cotton, linen, handkerchiefs, temple sari.)

Thodapuzha

(20 minutes by car - Innova Car Rs5250)

Kalyan for Sari's

Pulimoottil Silks for ready to wear - men & women

Bhima for Gold, Silver & Diamonds

<u>Anns Bakery</u> - best plum cake

Kochi

(75 minutes by car - Innova Car Rs7875)

<u>LuLu Mall</u> for everything

-you will need a half day and I suggest lunch at Paragon in the Mall - famous Calicut restaurant

Ask our Villa Host for more information and to book in!