

# Indian Summer House

LUXURY ACCOMMODATION • FUNCTIONS • EVENTS

[www.indiansummerhouse.co](http://www.indiansummerhouse.co) A unique 5-star villa haven experience.

## Writers Retreat – *memoir writing*

The time and space to write *your* story

We offer a writing retreat like no other... a time to read, write, reflect and relax. From the moment you arrive at Indian Summer House you will be immersed in a supportive environment of like-minded people taking time out to focus on all that we love about writing and storytelling.

### Your stay with us includes

- ✓ Traditional Kerala welcome
- ✓ Daily workshops with tutor
- ✓ Free writing time
- ✓ Facilitated reading and discussion
- ✓ Daily morning Yoga and Meditation
- ✓ Small group (max 10) so lots of personal attention!
- ✓ All nutritious and tantalising meals prepared by our chef except when on tour
- ✓ 5 Days and 5 Nights accommodation at Indian Summer House luxury haven
- ✓ Airport transfers to and from Cochin International Airport
- ✓ Evening cultural performance
- ✓ Walking tour with canoe river crossing and traditional afternoon tea at Mohanan's
- ✓ Cooking demonstrations or classes and other local activities
- ✓ Fort Cochin half-day tour



### Price

Price excluding airfares - double room.....AUD\$2990.00

Price excluding airfares - twin share.....AUD\$2190.00

### Optional Extras

One on one mentoring with Dr Caroline van de Pol.....\$115.00 per hour

Post workshop ongoing mentoring with Dr Caroline van de Pol.....\$450 (5hrs) \$800 (10hrs)

Onsite Ayurveda Treatments and Massage.....per menu

Additional tours.....please enquire

### Dates

Sunday 6 October to Friday 11 October 2019

Sunday 8 March to Friday 13 March 2020

To book or register interest please email Don...[don@indiansummerhouse.co](mailto:don@indiansummerhouse.co)

To find out more email Dr Caroline van de Pol....[vandepolc@gmail.com](mailto:vandepolc@gmail.com)

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## About the tutor

Dr Caroline van de Pol

Caroline is a writer and university lecturer in media and communication. She has a PhD in creative writing from the University of Wollongong and her articles and creative work have appeared in journals including *Text* and *New Writing*. Caroline has worked as a journalist, freelancer and editor for newspapers and magazines including Melbourne's Herald Sun and The Sunday Age. She has published a memoir *Back to Broady* (Ventura Press 2017) and two nonfiction books. Caroline grew up in Melbourne, Australia and she now lives in regional Victoria. Caroline has visited Indian Summer House and is currently working on a new novel, *Fall from Grace*.



### More about your writers retreat experience...

In the East, the importance of energy and harmony is celebrated in everything we do, every ritual of daily life. Here at Indian Summer House we embrace this philosophy - from our early morning yoga to invigorating Ayurvedic treatments and the nutritious food we serve.

Within the lush garden surrounds of the private villas and shared spaces, writers can choose a favourite place to write in peace and solitude, or change it up throughout the day so that you have your own slice of paradise where you can read and write.

We encourage you to bring along your stories, your ideas, your opening, your first chapters or even your full draft if you are significantly advanced. Regardless of the stage you are at, our writing tutors will support you to the next stage. Shared writing workshops and individual one-on-one sessions will help unlock sticking points, remove some of the fog and help you refine your story.

Our writers, with extensive experience in mentoring and tutoring (including higher degree supervisions), publishing and editing, will provide writing exercises to get started on daily writing practice and to keep you writing when you return home.

Evening 'reading' sessions with light refreshments around the pool or under the cooling fans in the coconut lounge will provide a safe and supportive environment for you to share your work with other writers encouraging valuable discussion and feedback.

To book or register interest please email Don.....[don@indiansummerhouse.co](mailto:don@indiansummerhouse.co)

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